

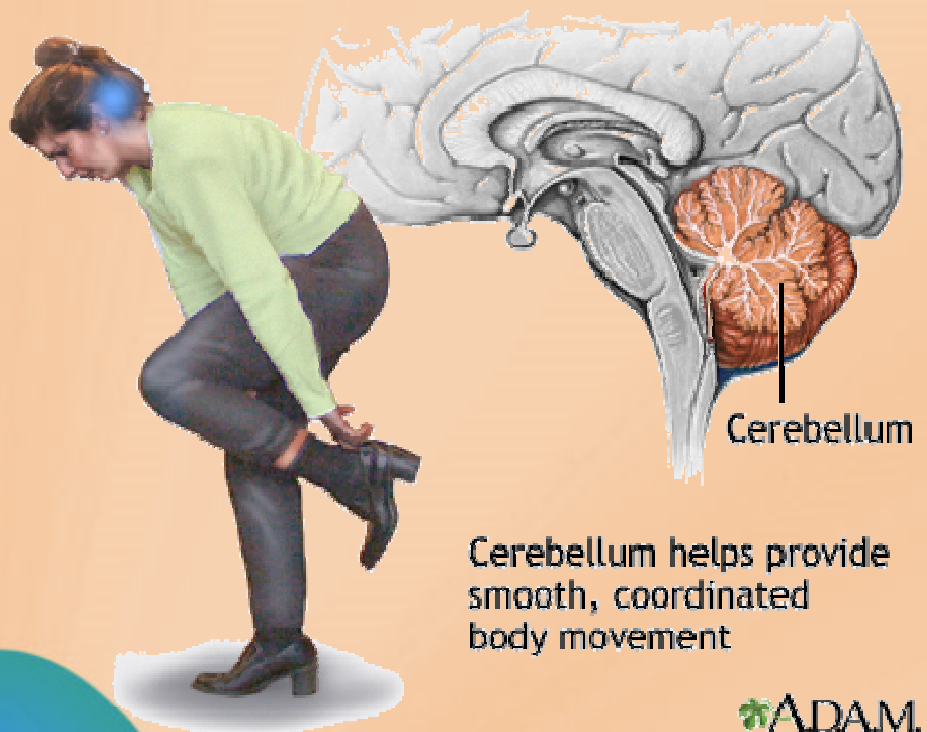
The Brain function continued...

Cerebellum

Location: Lower area of the brain above your neck

Function: Responsible for balance and coordination of muscles and the body

The cerebellum is one of the most identifiable parts of the brain due to its unique shape and location. It is extremely important for being able to perform everyday *voluntary* (done with purpose and intent) tasks such as walking and writing. It is also essential to being able to stay balanced and upright. People who have suffered from damaged cerebellums often struggle with keeping their balance and maintaining proper muscle coordination.



Cerebellum helps provide smooth, coordinated body movement

 ADAM.



Happy
Easter

APRIL NEWSLETTER



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Daily Reminder...

1. I am amazing
2. I can do anything
3. Positivity is a choice
4. Celebrate my individuality
5. I am prepared to succeed

Background4Christians.com

CAREGIVER SUPPORT GROUP MEETINGS

High Level Support group will be held at the NWR FASD Society office from 12:00-2:00pm & 7:00-9:00 only on March 3, 2019

Chateh will **not** be having a support group but will be completing the Pebbles training from 12:00-2:00pm on March 10, 2019

Fort Vermilion Support group will be held at the side office of the Parent link centre from 12:00-2:00pm on March 17, 2019

La Crete Support group meeting will be held at the Pine Centre from 12:00-2:00pm on March 24, 2019



Hello, we are the Family Coaches for the NWR FASD Society.

Launa Loyie does the support groups in Chateh, Fort Vermilion, La Crete & High Level. When events come to your area Launa will invite you to them if you are interested and you may call her if you have any questions.

Helen Martens does home visits and will come to your community to bridge the gaps in services as well as ensure all your needs are being met. Helen also has life and some PCAP clients. Her area will be primarily the east but will also include Paddle Prairie & Keg River.

