

Christmas Newsletter

Christmas!!

Soon it will be Christmas and the lights, the smells, and time with family and friends is all so wonderful!!

Children's excitement and anticipation is high but can also be overwhelming and exhausting for parents and caregivers. For some there could be triggers to memories that are not so pleasant or be overwhelming for people with sensory issues causing them to become frustrated or agitated. Create a quiet space that is soothing when gathering in large groups or have another activity option. Some individuals struggle with the change in routine. Informing them ahead of time what the holidays will look like might help to minimize the triggers that cause disruption in holiday events.

A simple reminder that planning, structure, routine, front loading (providing a verbal picture of what to expect before hand) & a safe quiet space may be the perfect gift for you & your loved ones this Christmas.

You know your loved one best; accommodate when possible.

Seasons greetings from the NWR FASD Society staff. Wishing you health & prosperity throughout the year!!

Santa Photos Indoor & Outdoor

TOHIL CHRISTMAS

Christmas Market & Meet up

FRIDAY - Dec 10, 2021

- WHERE: Jubilee Park
TIME: 6:00 pm-8:00 pm
EVENTS:
- Outdoor Santa Photos
- Christmas Skate on paths
- Bonfire
- Hot Chocolate

SATURDAY - Dec 11, 2021

- WHERE: High Level Arena
TIME: 11:00 am-4:00 pm
EVENTS:
- Christmas Market & Meet Up
- WMW Toy Drive
- Outdoor FREE Skate
- Santa Selfie Station

REP Program NOT in effect for OUTDOOR events!

REP Program in effect for INDOOR events!

TOWN OF HIGH LEVEL

THE VILLAGE

WATT MOUNTAIN WANDERERS

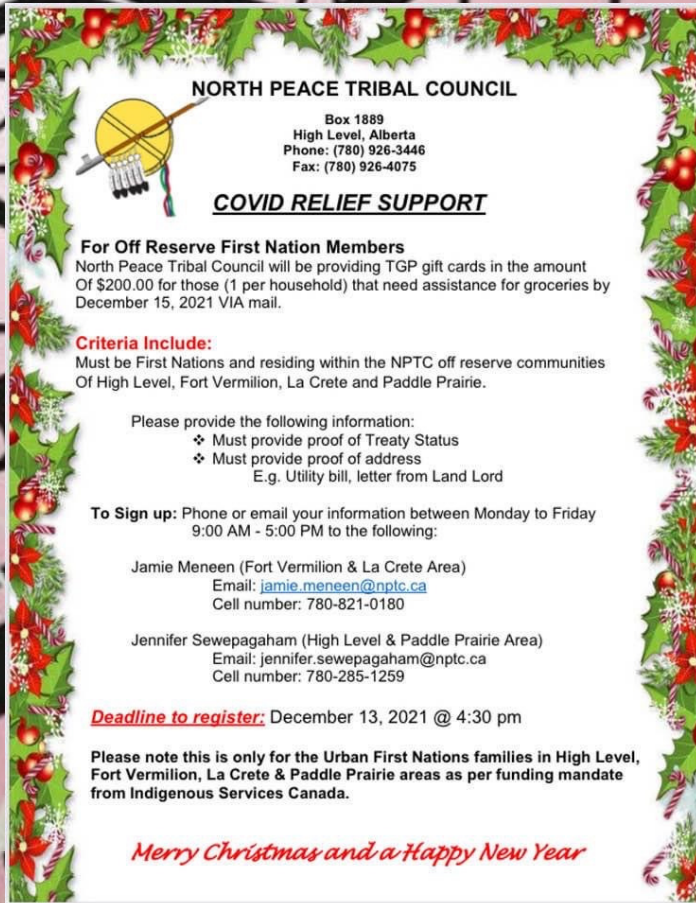
NORTHERN LIGHTS REGIONAL HUMANE SOCIETY

For more information please contact: tourism@highlevel.ca or 1-780-821-4012



NWR FASD Society
Box 3668
High Level, AB, T0H1Z0
780-926-3375

Community & Area Christmas support



NORTH PEACE TRIBAL COUNCIL
Box 1889
High Level, Alberta
Phone: (780) 926-3446
Fax: (780) 926-4075

COVID RELIEF SUPPORT

For Off Reserve First Nation Members
North Peace Tribal Council will be providing TGP gift cards in the amount Of \$200.00 for those (1 per household) that need assistance for groceries by December 15, 2021 VIA mail.

Criteria Include:
Must be First Nations and residing within the NPTC off reserve communities Of High Level, Fort Vermilion, La Crete and Paddle Prairie.

Please provide the following information:
❖ Must provide proof of Treaty Status
❖ Must provide proof of address
E.g. Utility bill, letter from Land Lord

To Sign up: Phone or email your information between Monday to Friday 9:00 AM - 5:00 PM to the following:

Jamie Meneen (Fort Vermilion & La Crete Area)
Email: jamie.meneen@nptc.ca
Cell number: 780-821-0180

Jennifer Sewepagaham (High Level & Paddle Prairie Area)
Email: jennifer.sewepagaham@nptc.ca
Cell number: 780-285-1259

Deadline to register: December 13, 2021 @ 4:30 pm

Please note this is only for the Urban First Nations families in High Level, Fort Vermilion, La Crete & Paddle Prairie areas as per funding mandate from Indigenous Services Canada.

Merry Christmas and a Happy New Year



The High Level Native Friendship Centre

Is now accepting applications for a Christmas Hamper!

The application deadline is December 10, 2021

Call 780-926-3355 for more information



A little more sparkle,
a little less stress.

This Christmas, I wish
you the very best.

Inspirational Christmas Messages © AllWording.com

The Fort Vermilion School Division

If you have children attending FVSD you may qualify for a Christmas hamper. Applications have been sent home with the children or you can contact the school directly; Deadline is December 3rd

High Level Public: 780-926-3706

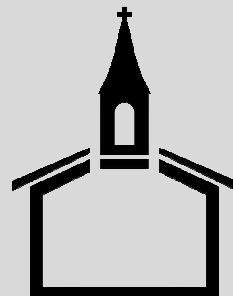
Spirit of the North: 780-841-7200

Florence MacDougal: 780-926-2331



The High Level Christian Fellowship Church has 5 extra Christmas hampers to give to families. If you are interested, please call our office and we can connect you or call them directly;

780-502-1372



Happy New Year!