

April Newsletter

Websites that could be useful to you or to someone you love;

Training: Flexible online learning about FASD

<https://canfasd.ca/online-learners>: CANFASD

<https://www.alberta.ca/fasd-training-and-education.aspx>: FASD Training and Education

<https://lcfasd.com/free-online-training-on-fasd>: Lakeland Centre For FASD

Counselling and Therapy:

www.onlinetherapyuser.ca offers a variety of wellbeing courses for free and online counselling, as well as cognitive behavioral therapy

Indigenous support Line: call 1-844-944-4744 from noon to 8 pm, Monday to Friday

Treatment:

Mark Amy Treatment Centre offers online treatment for couples, mom's and people who prefer not to leave home to get treatment: www.markamytreatmentcentre.com or call 780-334-2398

NWR FASD Society-MacKenzie Network

Box 3668, 10502-103 Street

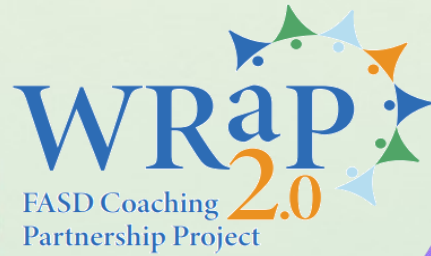
High Level, AB, T0H 1Z0

P.780-926-3375 or 780-926-6265

[Www.nwr-fasd.ab.ca](http://www.nwr-fasd.ab.ca)

Please note that our office will be closed Friday, April 7 and Monday, April 10th, 2023

~Happy Easter Holidays and Spring break from all of us to all of you~



Did you know that the FASD Society has a new program called Wrap 2.0?

W-ellness R-esiliency A-nd P-artnership

The Wrap 2.0 Project provides an in-school coach for the teachers to help them manage your child's challenges. The Wrap 2.0 Program also has recourses for the teacher to help your child with transitioning from school to adulthood.

How does one access this program? Call the FASD Family Coach or the Wrap program coach at the FASD Society, High Level and ask about the Wrap 2.0 program. You can also look online at wrap2fasd.org to learn more about the program and how it can improve your child's education.

YOU ARE BEAUTIFUL

YOU ARE STRONG

YOU ARE WORTH IT

QuotesIdeas.com

