

September Newsletter

HI, HOPE EVERYONE HAD AN AWESOME SUMMER :)

The time has come once again to prepare for back to school. IPP's = Individual Program plans are there to assist your child to ensure that the appropriate support is put in place before the end of September. Although IPP's are the school's responsibility, parental involvement in this process is necessary because you know your child best; how they learn, how they interpret information and what strategies that you know works best for your child. Family coaches are available to review IPP's with you :)

Routine Reminders:

Begin early night routines at least 2 weeks prior to school commencing. Turn all screens off 1-2 hours before bed.

Use visual aids to help with morning and evening routines.

Have consistent homework routines.

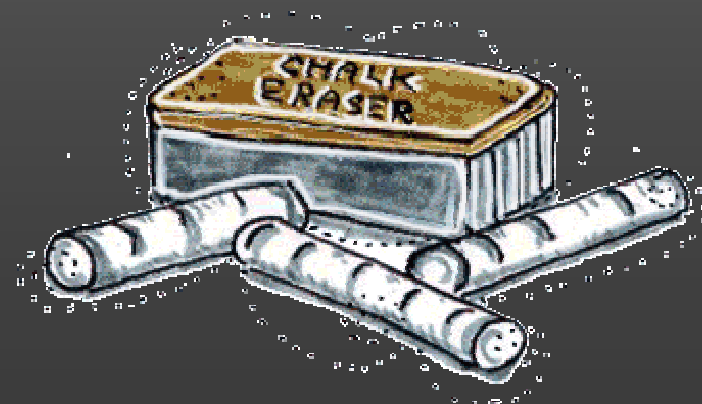
Connect with the school periodically throughout the year to check on your child's progress

If your child needs medication, keep a journal that documents changes: in side effects, effectiveness, changes in dosages and changes in your child's behavior

back to
School



NWR FASD Society-Mackenzie Network
#210 9808, 9814-100 Ave
Box 3668, High Level, AB T0H 1Z0
P. 780-926-3375 F. 780-926-3376
Wwww.nwr-fasd.ab.ca





Join us in our FASD Awareness Campaign

Annual 9 block walk September 9, 2019 at 9:09 am beginning at the High Level Arena

Annual Picnic in the Park is on September 9, 2019 at the Centennial Park in High Level from 3:00-5:00 pm

Caregiver Support Group

High Level support group will be held on Wednesday, September 4, 2019 from 12 - 2 & 7 - 9 at the High Level FASD boardroom

Chateh support group is held at the Health Centre from 12-2 Wednesday, September 11, 2019

Fort vermilion support group will be held at the FV Parent link centre from 12-2 Wednesday, September 18, 2019

La Crete support group will be from 12-2 Wednesday, September 25, 2019 at the Pine Centre

childcare can be provided upon request

On September 9, International FASD Day, Bells are rung at 9:09 a.m. in every time zone from New Zealand to Alaska. People all around the world gather for events to raise awareness about the risks of drinking alcohol during pregnancy and the challenges of individuals and families who are impacted with Fetal Alcohol Spectrum Disorders (FASD). The date 9/9/99 was chosen to highlight 9 months of pregnancy and the importance of support prior, during and after pregnancy for women

