

Pebbles

Pebbles is a 3-hour ZOOM Session (condensed) that focuses on and explores the complexity of behaviours that are observed in individuals diagnosed with Fetal Alcohol Spectrum Disorder.

Originally designed by Diane Malbin in 2009 as a pilot program, this program has been used as a core training program for anyone supporting individuals and families in the field of FASD in the Mackenzie Region of Alberta for the last 12 years.

The workshop:

- Provides a basic understanding of the role of the brain in the behaviours observed in individuals with FASD.
- This session helps the individual to explore the complexity of this disability and discuss the type of strategies needed to support the individuals impacted with FASD within the home, community and classroom.
- There is opportunity to discuss specific behaviours within the home, community and classroom/school settings

The facilitator of this workshop, Wanda Beland, is a parent of now 4 adults prenatally exposed to alcohol and also the Executive Director/FASD Educator for the last 13 years for the NWR FASD Society – Mackenzie Network. The Pebbles workshop, always intended to ensure life experience learnings are included, will come from the perspective of parent and frontline who has worked in the field and developed programming for individuals in a rural/remote Mackenzie region of Northern Alberta.